



### **Exhibit 3 – Narrative Summary**

Company Name: MVP Health Plan, Inc.

NAIC Code: 95521

SERFF Tracking #: MVPH-133678759

Market Segment: Large Group

MVP Health Care offers a full range of HMO products to large employer groups and will continue to do so in 2024 through MVP Health Plan, Inc. MVP has filed a request to change the current premium rates it charges for these products for policy effective dates between January 1, 2024 and December 31, 2024 with the New York State Department of Financial Services.

Generally, once a year MVP Health Care files for a change to the current premium rates on file for their products based on a review of the adequacy of the rate level. Premiums need to be sufficient to cover all medical and pharmacy claims submitted from the covered members, as well as cover the cost of operations and New York state statutory reserve requirements. We are requesting rate increases due to various factors, including rising prices for medical services and prescription drugs, rising usage of medical services and prescription drugs, advances in medical technology, benefit design changes and a change in our claim projection from prior year.

Claim costs are difficult to predict with certainty due to the changing composition of the insured population and the uncertainty of how the utilization of health care services will change from year to year. As a result, these estimates change over time as more information becomes available. When MVP Health Care updated its best estimate projection of the 2023 premium rates using current information, it was determined that claim costs have increased at a slower rate than anticipated. As a result, the proposed rate increase is being decreased by -2.5% to reflect this updated claim information.

To project the expected claim expense for 2024 policy effective dates, MVP starts with calendar year 2022 historical claim data and makes assumptions regarding the anticipated rise in the unit cost and use of medical and prescription pharmacy services. The expected increase in the unit cost of services is generally known and based on MVP's contract negotiations with the hospitals and providers in our network. MVP

expects an average annual increase in the unit cost of medical services to equal 4.0%. For the anticipated increase in the use and intensity of services, MVP expects an average annual increase of 2.1%. MVP expects the average unit cost of prescription drugs to increase by 4.4% annually, and the average utilization of prescription drugs to increase by 2.7% annually from 2022 to 2024. MVP is also increasing rates by approximately 0.4% due to Page 2 of 2 an increase in costs related to COVID-19 vaccines and increasing rates by 1.9% for changes to costs not associated with medical and pharmacy expenses. Due to 2024 being a leap year, MVP is also increasing rates by 0.27%.

There are 85 groups and 20,855 members impacted by this rate adjustment filing as of February 2023.