

We're giving you a holistic picture of your patient's health.

MVP Health Care[®] (MVP) is partnered with Matrix Medical Network to offer select* health plan members a one-on-one Comprehensive Health Assessment (CHA) from a licensed Nurse Practitioner. By working together, we help members identify health risks early and improve the quality of their overall wellness. Matrix visits and screenings provide a comprehensive view of the member's health.

The member's health plan covers the Matrix health and wellness visit, so there is no additional cost to the member.

During these visits, Matrix clinicians will:

- Learn more about the member's home environment
- Offer the member a one-on-one opportunity to ask questions about his or her health conditions
- Gather a comprehensive list of the member's medications
- Provide members with community resource referrals
- Summarize all diagnoses and recommendations for follow-up care for you and the member to discuss
- Encourage member to follow up with their Primary Care Physician (PCP)
- When applicable provide member with case management referrals
- Receive recommended screenings**



**Post-Visit Report
Mailed to your office
and to the member**

Demonstrating Positive Outcomes



96%

Members follow-up with their PCP when contacted about abnormal screening results

98%

Member Satisfaction rate

83%

Members visit their PCP within 90 days of a Matrix in-home health visit

If you or your patients have questions regarding the Matrix visit or would like to schedule an appointment, please visit matrixforme.com. For more information, be sure to watch the “What to expect” video.

Questions and Answers

How do members learn about the Comprehensive Health Assessment* (CHA) visit?

An introductory letter will be mailed to the health plan selected members about the program. A couple days later, our contracted vendor, Matrix, will call them to schedule the visit.

What does the CHA visit entail?

During the visit, the Matrix Nurse Practitioner will review a member’s medications, check safety issues in the home, conduct depression screenings, assess Activities of Daily Living, fall risk, and may recommend additional screenings**. If someone is clinically unstable, the Nurse Practitioner will call the member’s PCP that day.

Health visits do not replace regular doctor visits or annual wellness exams. Our clinicians do not prescribe medications or perform and order invasive tests or procedures. Matrix encourages members to speak with their PCP about follow-up and further healthcare decisions.

Is a summary of the member’s assessment available?

Yes, a summary of the visit will be sent to the PCP on record. Additionally, a copy of the complete health risk assessment is available upon request by contacting Matrix at 1-877-561-7413 Monday through Friday, 9:00 a.m. – 6:00 p.m. ET.

Are members required to have a Comprehensive Health Assessment?

No. It is voluntary and not meant to replace the services patients receive from their provider.

Why might a health plan member be chosen to receive a visit?

Many factors are considered in determining who can take advantage of this opportunity including the frequency of primary and preventive care visits, chronic conditions and so forth. As you know, getting regular preventive care and check-ups is the cornerstone to good health.

How long does the visit take?

The visit can take up to one hour.



*Please note, not all members may be eligible for a Comprehensive Health Assessment or following screenings**.

**Diabetic Retinopathy Screening (DRS), Fecal Immunochemical Test (FIT), Peripheral Artery Disease (PAD), Hemoglobin A1C (HbA1c), Microalbumin Urine Test (MAU).