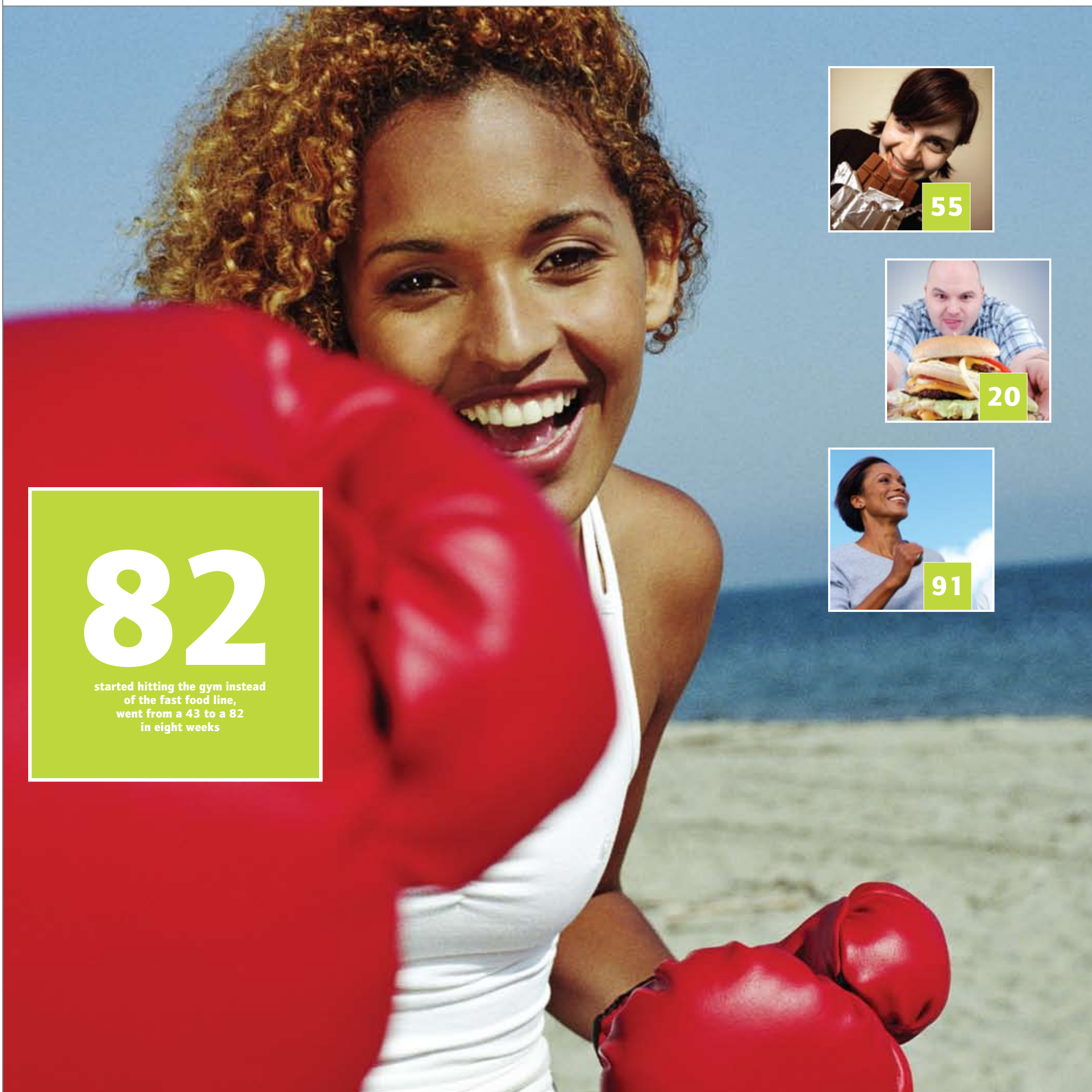




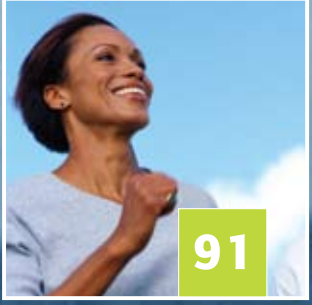
What's your number?

The answer may surprise you.



82

started hitting the gym instead of the fast food line, went from a 43 to a 82 in eight weeks



HealthQ is available to registered users of our Personal Health Manager (powered by WebMD®) at www.mvphealthcare.com.



Results based on a 1 to 100 scale, 100 being the highest score achievable. The HealthQ scores shown here do not reflect the actual results of individuals with these health profiles. They are provided for illustration purposes only. Your own scores will differ.