



TriVantage EPO Lifestyle Credits Reimbursement Form

- Lifestyle Credits are available only to MVP Preferred TriVantage EPO plan subscribers.
- Please use this form to request reimbursement of your \$300 TriVantage EPO Lifestyle Credits.
- Reimbursement forms must be received no later than one year after the date you paid for the service.
- Please PRINT. For more information about submitting your reimbursement request, see reverse.

Member Information: (for the specific member using this benefit)

Subscriber ID #:											
Member's Last Name			First Name				Middle Initial		Date of Birth (MM/DD/YYYY)		
Address			City/State/Zip Code				Phone Number				

Name, address and phone number of service provider			Amount Paid	Date of Payment
Total number of receipts attached:			Total paid:	\$

IRS Form 1099

TriVantage WellStyle Rewards and TriVantage Lifestyle Credits may be subject to tax, and any individual receiving such Rewards or Credits should consult his/her tax advisor as to their proper treatment. In addition, please note that in the event a subscriber is paid \$600 in such Rewards or Credits in a year, MVP is required to file a Form 1099 with the IRS (the subscriber will receive a copy). Therefore, MVP will provide reimbursement of the TriVantage Lifestyle Credit in the amount of \$299.99 as standard practice. If you prefer the reimbursement of \$300, please provide your Social Security Number so that MVP may file an IRS Form 1099 as required under Federal law.

Subscriber Social Security Number: <i>Only provide if you are requesting we file your request with the IRS as noted above</i>											
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Certification and Authorization: (this form must be signed below)

I authorize the release of information about my TriVantage EPO Lifestyle Credit utilization to my health plan. I certify that the information provided in support of this submission is complete and accurate and that I have not previously submitted for or been reimbursed for these same services.

Subscriber's signature

Date

Any person who knowingly files a reimbursement request containing any misrepresentation or any false, incomplete or misleading information is guilty of a criminal act punishable under law and may be subject to civil penalties.

Return to: TriVantage EPO Lifestyle Credits, 625 State Street, PO Box 2207, Schenectady, NY 12301

(see reverse for guidelines on completing this form)

For Office Use Only:

Provider #				HDOLLAR				Loc/POS CPT/HCPCS	Diagnosis Code	Charges
Date of Payment										
From To										
MM	DD	YY	MM	DD	YY					
						99	S9446 Family	V689		
						99	S9970 Active	V689		
						99	S9986 All Other	V689		
						99	99199 Non-Covered	V689		
Total:										

How to Submit Your TriVantage EPO Reimbursement Request

1. This form may be used for reimbursement requests of TriVantage EPO Lifestyle Credits **ONLY**. This \$300 maximum credit is provided to each subscriber (household). For example, a family of four would be eligible for one reimbursement of up to \$300 per calendar year.
2. All reimbursement forms must be received no later than one year after the date you paid for the service.
3. TriVantage EPO Lifestyle Credits apply to the calendar year in which the service is paid. For example, if a service was provided in December, but you paid for it in January of the current calendar year, it will apply to the current calendar year's TriVantage EPO Lifestyle Credit.
4. Attach the pre-printed, paid original receipt showing the type of service:
 - You must pay for the service before submitting a request for reimbursement.
 - For each item you are requesting, you must attach a copy of an itemized bill, statement, debit/credit card statement, or a receipt pre-printed, stamped, or on company letterhead that includes the service provider's name and address.
 - Balance forward/prior balance statements are not acceptable.
 - The documentation from the service provider must include the following information:
 - The name of the provider;
 - The type of service provided;
 - The date the service was rendered (start date);
 - Your out-of-pocket cost for the service, including date(s) of all payment(s); and
 - The name of the person(s) receiving the service.
 - Please note: reimbursement requests that are not submitted according to these guidelines will be returned for you to correct and re-submit.
5. Reimbursement may be refused if the service provider does not meet MVP's benefit and quality standards.
6. Sign this form and return it to: TriVantage EPO Lifestyle Credits, 625 State Street, P.O. Box 2207, Schenectady, NY 12301.
7. Please allow 4-6 weeks for reimbursement (as long as your request is complete and accurate).
8. If you have questions about completing this form, or about your MVP Preferred TriVantage EPO health plan, contact Member Services at the phone number listed on your Member ID Card.

TriVantage EPO Lifestyle Credits (up to \$300 per subscriber per year)	
Examples of Activities that Qualify for Reimbursement	
Active Lifestyles	Adult (age 18 and over) fitness classes and physical activities (including yoga sessions, kayak lessons, Tai Chi, Pilates, martial arts), gym memberships, greens fees, ski lift tickets, personal training services. Plus, Healthy Weight Support: select weight management programs – Weight Watchers [®] , Nutrisystem [®] , Jenny Craig [®] , TOPS (Take Off Pounds Sensibly) – medical provider-based programs, or counseling with a registered dietician.
Family Focus	Kids' (under age 18) fitness classes, physical activities and organized sports (examples include bowling, sports camps and teams, swimming lessons), as well as driver education. Plus, Healthy Weight Support: select weight management programs – Weight Watchers [®] , Nutrisystem [®] , Jenny Craig [®] , TOPS (Take Off Pounds Sensibly) – medical provider-based programs, or counseling with a registered dietician.
Healthy Alternatives	Healthy Weight Support for members of any age: select weight management programs – Weight Watchers [®] , Nutrisystem [®] , Jenny Craig [®] , TOPS (Take Off Pounds Sensibly) – medical provider-based programs, or counseling with a registered dietician.
What Does Not Qualify for Reimbursement	
Merchandise (such as attire, fitness equipment, fitness videos and publications, golf clubs, bicycles) and equipment rental (skis, bowling shoes, etc.)	
Food and dietary supplements (other than those purchased directly from a program listed as part of Healthy Weight Support)	
Physical activities at country clubs (such as golf, swimming or skiing) that are not billed or itemized separately from membership fees and/or dues; or strictly social memberships at country clubs	

If you have a question about what qualifies for reimbursement, contact Member Services at the phone number shown on your Member I.D. Card.



2010 TriVantage Lifestyle Credit Guide (Up to \$300 per Contract)

Active Lifestyles	Family Focus	Healthy Alternatives (EPO only)
For <u>Adult</u> Members (age 18 & over)	For <u>Dependent Children</u> (under age 18)	For Members (any age)
<p>Adult = Contract Holder and Spouse or Domestic Partner. Reimbursement provided for any activity that gets a member up and moving.</p> <p>Examples:</p>	<p>Dependent Children Age = a dependent on the contract other than the Spouse or Domestic Partner. Reimbursement provided for any activity that gets kids up and moving.</p> <p>Examples:</p>	<p>Reimbursement for specific complementary and non traditional therapies. Both par and non par providers. Reimbursement for Chiropractic, Acupuncture & Massage Therapy copays is permissible.</p> <p>Specific List:</p>
Fitness Club memberships	Swim lessons	Chiropractic & Acupuncture
Personal trainers	Lifeguard training	Massage Therapy
Hotel fitness room/facility fee	Drivers education	Acupressure/Shiatsu
<p>Exercise classes (any): Yoga, Pilates, Jazzercise®, Aerobics Aqua exercise, Spinning, Dance Lessons, Martial Arts, etc.</p>	<p>Organized Sports fees: Soccer, football, cheerleading, Basketball, volleyball, swimming, Bowling, skiing, lacrosse, baseball, Softball, gymnastics, dance, martial Arts, hockey, figure skating, horseback Riding, tennis, etc.</p>	Aromatherapy
<p>Organized Sports Fees: Ski lift tickets, golfing greens fees, Bowling, horseback riding, tennis, Baseball / softball leagues, Entrance fees (such as race), etc.</p>		Biofeedback
		Herbalism
	Hypnotherapy	
<p>Organized Sports Fees: Ski lift tickets, golfing greens fees, Bowling, horseback riding, tennis, Baseball / softball leagues, Entrance fees (such as race), etc.</p>	Summer/Day Sports Camps	Homeopathy
Family YMCA or Fitness Club memberships	Girl/Boy Scout Camps	Iridology
<p>Healthy Weight Support: Weight Watchers® Nutrisystem® Jenny Craig® Take Off Pounds Sensibly (TOPS) Hospital or physician based weight management programs</p>	<p>Healthy Weight Support: Weight Watchers® Nutrisystem® Jenny Craig® Take Off Pounds Sensibly (TOPS) Hospital or physician based weight management programs</p>	Light Therapy
		Magnotherapy
		Music Therapy
		Naturopathy
Registered Dieticians	Registered Dieticians	Oxygen Therapy
		Reflexology
		Reiki
		Rolfing
		Tai Chi
		<p>Healthy Weight Support: Weight Watchers® Nutrisystem® Jenny Craig® Take Off Pounds Sensibly (TOPS) Hospital or physician based weight management programs</p>
		Registered Dieticians

Not Reimbursable

for the 2010 TriVantage Lifestyle Credit

Active Lifestyles	Family Focus	Healthy Alternatives (EPO only)
Equipment – Purchase or Rental, including golf cart & clubs, skis, etc.	Equipment – Purchase or Rental, including golf cart & clubs, skis, etc.	Anything NOT listed on the previous page.
Clothing	Clothing	Merchandise such as magnetic bracelets, herbal supplements, etc. Reimbursement is for the practitioner not for the “tools or supplements.”
Merchandise (including videos/DVD’s)	Merchandise	Food other than that purchased directly from a program listed on the previous page.
Publications	Publications	Dietary Supplements
Gift Certificates	Gift Certificates	Diet Plans / Programs NOT listed on the previous page.
Dues (e.g. country club) Country Club fitness facilities or swimming lessons only qualify if there is an additional charge for the fitness facility that is billed separately from the membership dues.	Dues (e.g. country club) Country Club fitness facilities or swimming lessons only qualify if there is an additional charge for the fitness facility that is billed separately from the membership dues.	
Food other than that purchased directly from a program listed on the previous page.	Non Sport Camps	
Dietary Supplements	Food other than that purchased directly from a program listed on the previous page.	
Diet Plans / Programs NOT listed on the previous page.	Dietary Supplements	
	Diet Plans / Programs NOT on the previous page.	

This TriVantage Lifestyle Credit Guide is intended to provide a general outline of coverage. In the event of any conflict between this document and your Certificate of Coverage, Schedule and any applicable Rider(s), your Certificate of Coverage, Schedule and Rider(s) will be controlling. For details, please call Member Services at the phone number shown on your Member I.D. Card. These benefits are offered by MVP Health Plan, Inc., MVP Health Insurance Company and MVP Health Insurance Company of New Hampshire, Inc.