

EDUCATIONAL RESOURCES FOR SMOKING CESSATION

MVP Health Care Online Health Library

MVP's website contains an online health library supported by *Healthwise*®. Visit the *Healthwise*® Knowledgebase and follow the links to topics of interest.

Additional suggestions and agencies to contact for assistance:

Program	Contact Information
Employee Assistance Program	Contact Employer
American Cancer Society	1-800-227-2345
National Cancer Institute	1-800-4-CANCER

Additional websites* with Smoking Cessation Information

Website	Contact Information
American Cancer Society	www.cancer.org
American Lung Association	www.lungusa.org/
Capital District Tobacco-Free Coalition	www.smokefreecapital.org or call 518-459-4197 ext. 322
QuitNet—an online support community	www.quitnet.com
National Cancer Institute	www.cancer.gov/about-cancer/causes-prevention/risk/tobacco
New Hampshire Smoking Cessation Program	http://quitworksnh.org/
New York State Smoker's Quit Site	www.nysmokefree.com or, call 1-866-697-8487
SmokeFree.gov	www.smokefree.gov
Vermont State	http://healthvermont.gov/prevent/tobacco/quit_smoking.aspx
NYS Department of Health Talk to Your Patients	http://talktoyourpatients.org/



Visit www.mvphealthcare.com and click on *Live Healthy* under the *Members* tab.

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