



Adult Behavioral Health Home and Community Based Services (BH HCBS)

Training for Providers

March 2025

- What is BH HCBS?
- What Services are part of BH HCBS?
- Who is Eligible for BH HCBS?
- BH HCBS Workflow
- Authorization/Prior Notification Requirements
- Billing Guidance
- Non-Medical Transportation (NMT)
- Resources



What is BH HCBS?



Behavioral Health Home and Community Based Services were developed to assist individuals with mental illness and/or substance use disorders to gain the motivation, functional skills and personal growth to fully integrated into their communities via a recovery model.



BH HCBS are recovery and wellness services that are person centered which address services and support needs in a manner that reflects individual goals and needs of the individual. BH HCBS provides the opportunity for individuals to receive services in their own home or community.



BH HCBS can help a person achieve life goals and be more involved in community.

The Values and Core Principles of BH HCBS include:

- Person-Centered
- Recovery-Oriented
- Integrated to address both Physical and Behavioral Health needs
- Evidenced Based
- Trauma Informed
- Culturally Competent
- Data Driven
- Inclusive of Social Network
- Coordinated and Collaborative
- Peer Supported



What are the types of BH HCBS Services?

Types of BH HCBS Services

Habilitation

Develop skills necessary for community living and recovery

Education Support Services

Assist individuals who want to start or return to school/formal training with the goal of achieving employment

Pre-Vocational Services

Time-limited services that prepare for paid or unpaid employment

Transitional Employment Services

Strengthen the individual's work record and work skills toward the goal of achieving competitive employment at or above the minimum wage

Intensive Support Employment Services

Obtain and keep competitive employment

Ongoing Supported Employment

Service is provided after an individual successfully obtains and becomes oriented to competitive and integrated employment.

Habilitation Services

Habilitation services are provided on a one-on-one basis and are designed to assist individuals with a behavioral health diagnosis (i.e., SUD or mental health) in acquiring, retaining and improving skills such as communication, self-help, domestic, self-care, socialization, fine and gross motor skills, mobility, personal adjustment, relationship development, use of community resources and adaptive skills necessary to reside successfully in home and community-based settings.

Example: Darcy is a 55-year-old woman with a diagnosis of Opioid Dependence; Cocaine Dependence; Sedative, hypnotic, or anxiolytic dependence; Type 2 Diabetes; and Arthritis in both hands. Attended inpatient detox and substance use rehabilitation in 2021. Attends a Methadone Maintenance Treatment Program (MMTP). She attends Narcotics Anonymous (NA) and has abstained from using substances since July 2021. She has chosen not to explore Health Home Care Management services. **Customer's goal:** "I am homeless, living in a shelter...and I want to find safe housing."

- Darcy completed the intake and evaluation with the HCBS Habilitation Specialist. An Individualized Service Plan (ISP) was developed to reflect Darcy's goals and it the frequency, scope, and duration of the service
- Assisted Darcy in researching options and resources to secure housing
- Assisted Darcy with keeping track of her housing application and due dates
- Darcy is now on a housing waiting list. She is exploring other housing options and funding with the Habilitation Specialist



Education Support Services

Education Support Services are provided to assist individuals with mental health or substance use disorders who want to start or return to school or formal training with a goal of achieving skills necessary to obtain employment.

Ongoing supported education service components are conducted after an individual is successfully admitted to an educational program. Ongoing follow-along is support available for an indefinite period as needed by the participant to maintain their status as a registered student.

Example: Bob receives ongoing supported education service components being admitted to a Community College program. Ongoing follow-along support available for an indefinite period as needed by the participant to maintain his status as a registered student. For his first two semesters, he has set specific goals to build excellent study habits and orient himself with the formal education setting.



Pre-Vocational Services

Pre-Vocational Services are time-limited services that prepare an individual for paid or unpaid employment. This service specifically provides learning and work experiences where the individual with mental health and/or disabling substance use disorders can develop general, non-job-task-specific strengths and soft skills that contribute to employability in competitive work environment as well as in the integrated community settings.

Example: Susie is 21 and her Prevocational Employment provider engages her in exploring opportunities for college including considering a technical school and completing a college application.

The Prevocational Employment provider also helps Susie create a resume and explore opportunities for a part time job to help finance her college pursuits. In preparation for getting a part time job, Susie's Prevocational provider works with her to develop punctuality and understand what is and is not appropriate workplace behavior.



Transitional Employment Services

Transitional Employment Services are designed to strengthen the individual's work record and work skills toward the goal of achieving assisted or unassisted competitive employment at or above the minimum wage paid by the competitive sector employer.

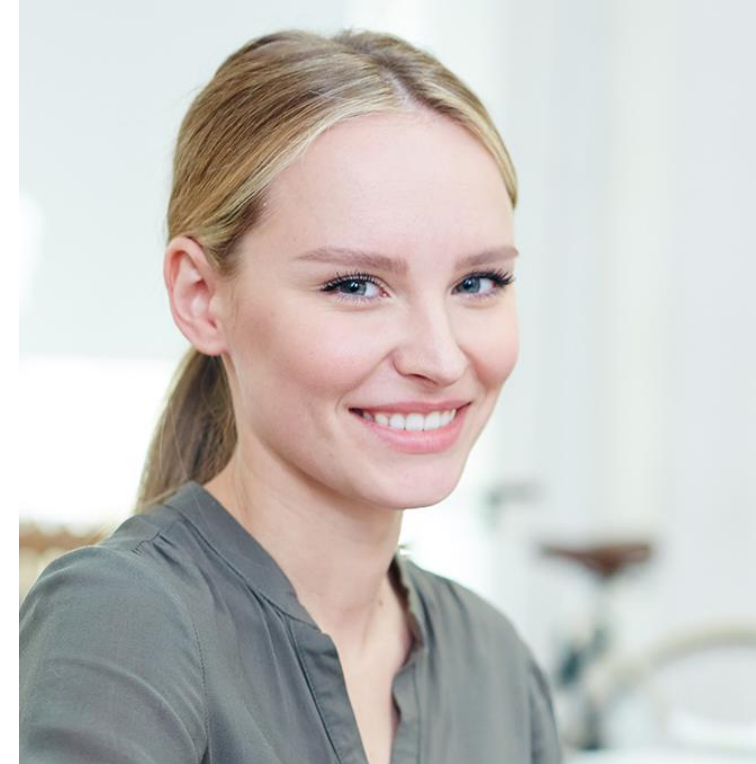
Example: Susie has been late to work and her job may be in jeopardy. Susie likes her job and wants to continue working. Transitional Employment services can assist in planning transportation to and from work.



Intensive Supported Employment Services

Intensive Supported Employment Services assist recovering individuals with MH/SUDs to obtain and keep competitive employment. These services consist of intensive supports that enable individuals to obtain and keep competitive employment at or above the minimum wage. This service uses evidence-based principles of the Individual Placement and Support (IPS) model.

Example: Brenda just obtained a part time job working in a department store. The Supported Employment provider meets with Brenda's supervisor to discuss her specific workplace needs based on her healthcare needs.



Ongoing Supported Employment Services

Ongoing Supported Employment Services are provided after an individual successfully obtains and becomes oriented to competitive and integrated employment. Ongoing follow-along support is available for an indefinite period as needed by the individual to maintain their paid competitive employment position. Individual employment support services are individualized, person centered services providing supports to individuals who need ongoing support to learn a new job and maintain a job in a competitive employment or self-employment arrangement.

Example: Sam enjoys his job, but her performance needs improvement. OSE services can help individuals to build and sustain skills in the workplace, including time management, co-worker relationships and/or interactions, understanding supervisory roles and expectations, and accessing workplace supports, including EAP and job training for career advancement



Who is Eligible for BH HCBS?

Who is Eligible to Receive BH HCBS Services?

- ✓ Must be enrolled in MVP's HARP (Harmonious Health Care Plan) or in MVP's Integrated Benefits for Dually Eligible Program (DualAccess Complete with HARP)*
- ✓ Must be 21 or older
- ✓ Must be eligible for BH HCBS services using the NYS Eligibility Assessment
- ✓ An RE code is an indicator of the individuals Eligibility Status (can be found via emedNY/ePACES).
- ✓ To receive BH HCBS, the individual's eligibility status would need to be an H2 or H3

**Medicaid SSI and Non-SSI are not eligible for BH HCBS*




H2:


HARP Enrolled with Tier 1
HCBS Eligibility


H3:


HARP Enrolled with Tier 2
HCBS Eligibility


Accessing BH HCBS


 Access is based upon Harmonious Plan enrollment and completion of the NYS Enrollment Assessment (EA).


 NYS EA is completed with the Member by a Health Home Care Manager (HHCM) or by a Recovery Coordination Agency (RCA).

 NYS EA determines the “Tier” of HCBS the Member can receive.

 The HHCM or RCA works with the Member to develop person-centered goals and integrates it into a HCBS Plan of Care (HCBS POC).

 HHCM/RCA submits the “Level of Service Request” and a plan of care to MVP for review and approval.

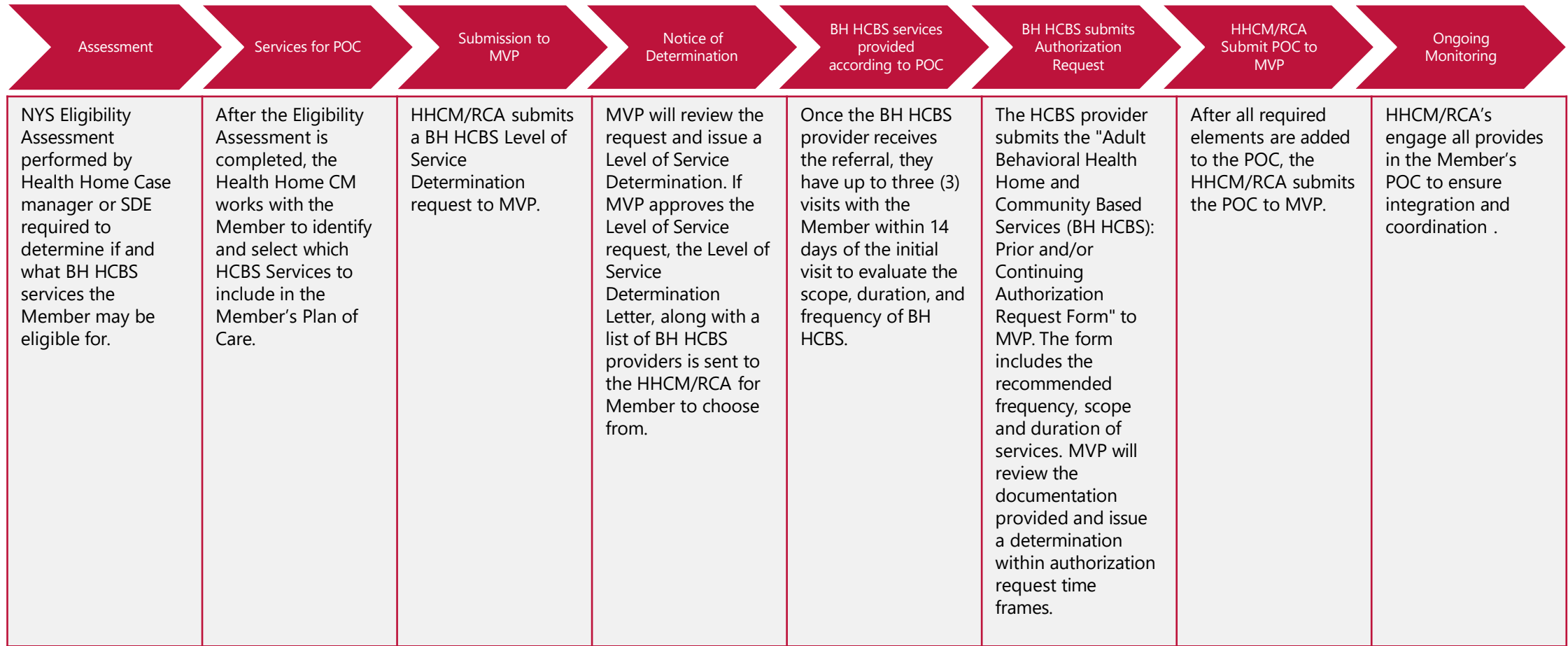
 MVP provides a list of in network HCBS Providers and HHCM/RCA refers the Member to the HCBS Provider.

 The HCBS Provider submits an authorization request to MVP for review.

BH HCBS Workflow

BH HCBS Workflow

The below is a high-level overview of the BH HCBS Workflow:



Authorizations/Prior Notification Requirements

Authorization/Prior Notification Requirements

- MVP requires Prior Authorization for all BH HCBS Services
 - Once the provider completes the intake/evaluation (or the first 3 visits, whichever comes first), the BH HCBS provider must submit the Adult Behavioral Health Home and Community Based Services (BH HCBS): Prior and/or Continuing Authorization Request Form
- MVP accepts the NYS BH HCBS authorization request form.
- The form can be found [here](#)
- The authorization request form should be completed and sent to MVP either via email or fax:
 - Email: communityservices@mvphealthcare.com
 - Fax: **855-853-4850**



Concurrent Review

- Providers will receive notification of review of submitted requests
- If service will exceed unit limits of authorization or an extension beyond the approved authorization period is needed, BH HCBS Provider must get additional approval
 - This should be requested prior to end of existing authorization to prevent disruption of services
- MVP performs concurrent review post initial units/time period when an extension of those initial units is requested
- MVP must determine additional authorization within timelines outlined
- Reviews occur on upon request of additional units



Billing Guidance

BH HCBS Billing Example

- Bob has an MVP Harmonious Plan and meets with his BH HCBS Provider for 1 hour to review his courseload for his first semester of Community College and create a study plan with his recovery treatment and work schedules as part of HARP HCBS Education Support Services.
- The following Rate Code, Procedure Code, Modifiers must be billed on the UB-4 Claim Form:

Rate Code	Procedure Code	Modifier(s)	Allowable Units Per Claim Line	4/1/2024 Upstate Rate
7805	T2013	--	2	\$129.45

- The unit measure for this service is 1-hour increments
- Rate Code 7811 – Psychosocial Rehabilitation (PSR)-Education Focus (on-site or off-site) is not allowable for the same date of service
- The Upstate BH HCBS Provider billed 1 unit of ESS with the correct Rate Code and Procedure code listed above on the claim would be paid \$129.45

Non-Medical Transportation (NMT)

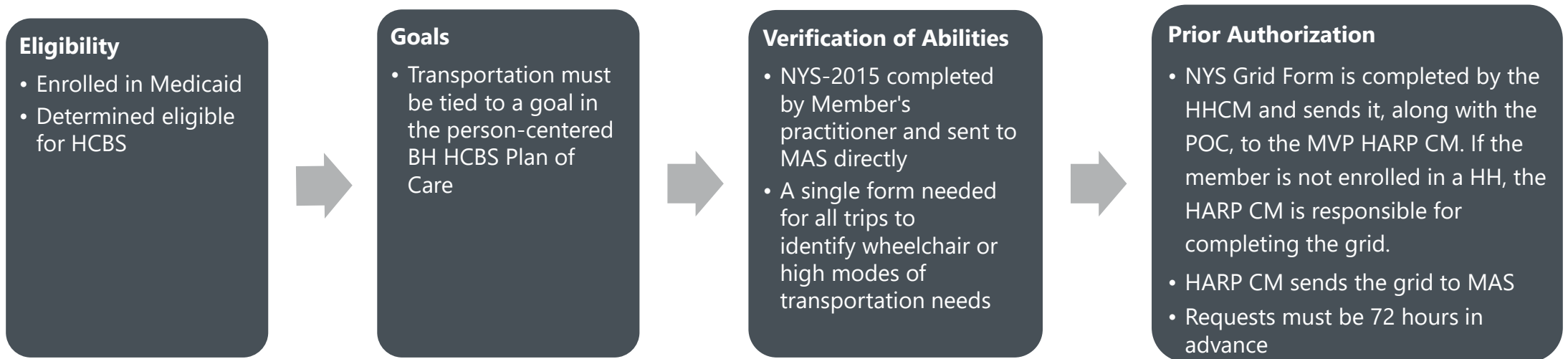
Non-Medical Transportation (NMT)

- Medicaid Transportation is a service managed and administered by the New York State Department of Health to ensure Medicaid/HARP Members have access to transportation to access BH HCBS services
- This service is not managed by MVP but is accessible to MVP Members enrolled in BH HCBS when related to a goal included on the POC



Non-Medical Transportation

- **Non-Medical Transportation (NMT)** services are available for HARP Members to access authorized BH HCBS services and destinations that are related to a goal included on the individual's POC
- NMT is not available for routine events but can be used to help a Member develop life-skills with routine events if tied to the POC goal to be very specific and the goal is time limited
- Health Home Case Manager facilitates access to this service
- See graphic below and resources for how to access through NYS
- For more information visit the [Medicaid Transportation \(ny.gov\)](https://www.ny.gov/medicaid-transportation) site



Resources

Resources

- **BH HCBS Program Resources**

- [Home and Community Based Services \(HCBS\) Overview \(ny.gov\)](#)
- [Telehealth Services Guidance for OMH Providers – April 2023 \(ny.gov\)](#)

- **Billing Resources**

- [Billing Behavioral Health \(BH\) Medicaid services under Managed Care \(ny.gov\)](#)
- [Medicaid Reimbursement Rates \(ny.gov\)](#) – refer to the “HARP BH HCBS Fee Schedule” document on this page to find rates, rate codes/CPT/HCPCS/Modifiers by service

Thank you for being part of MVP

Contact your Behavioral Health Professional Relations Representative with questions. Visit the MVP Website to identify your representative and contact information by county.

Contact: [Professional Relations Territory Listing Behavioral Health \(mvphealthcare.com\)](https://mvphealthcare.com)

